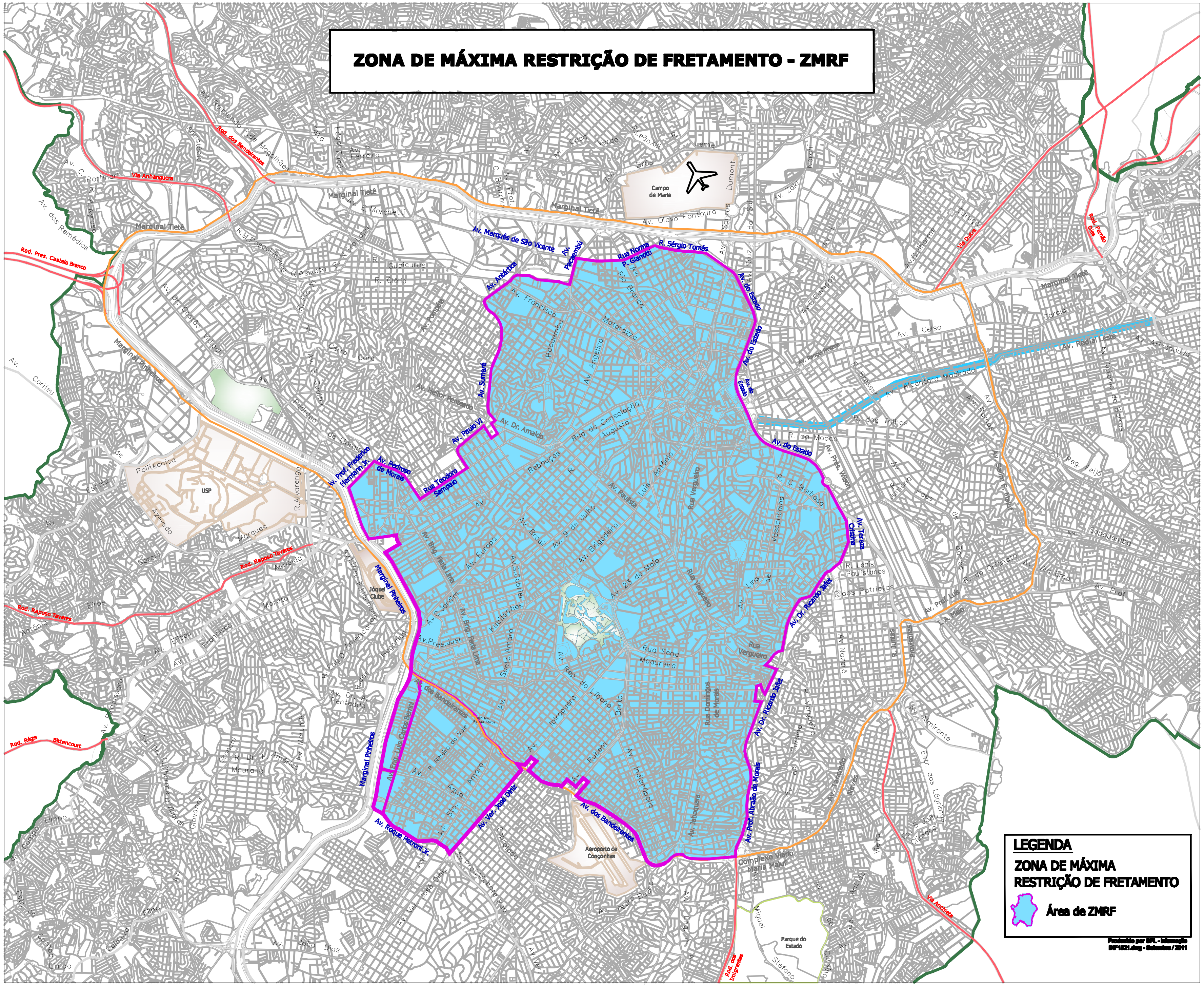# ZONA DE MÁXIMA RESTRIÇÃO DE FRETAMENTO - ZMRF